

# AQUAFITNESS

## PLANNING FROM MONDAY 18 AUGUST 2025 TO SUNDAY 24 AUGUST 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09 h 15							
10 h 15							
12 h 30							
18 h 15							
19 h 15							

## PLANNING FROM MONDAY 25 AUGUST 2025 TO SUNDAY 31 AUGUST 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09 h 15							
10 h 15							
12 h 30							
18 h 15							
19 h 15							

## PLANNING FROM MONDAY 1 SEPTEMBER 2025 TO SUNDAY 7 SEPTEMBER 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09 h 15							
10 h 15							
12 h 30							
18 h 15							
19 h 15							